

ADDITIONAL PRAISE FOR
THERE'S ALWAYS HELP; THERE'S ALWAYS HOPE

This is a book with a real soul...I would recommend this sensitive rendering of a psychiatrist's work to all stakeholders in mental health, including students, patients, family members and healers.

– Edward Foulks, M.D., Ph.D., Sellars-Polchow Professor of Psychiatry and Dean for Graduate Education, Tulane University School of Medicine

This book is a must, not only for patients, but for all of us who care for others as well as ourselves. I definitely recommend this book not only to practicing physicians and healthcare providers, but also to medical students and residents as essential to their training as physicians.

– Christina M. Puchalski, M.D., FACP, Associate Professor of Medicine,
The George Washington University School of Medicine Director, George
Washington Institute for Spirituality and Health

Eve Wood helps us understand how the journey from wounded to healing must integrate all elements of one's physical, emotional and spiritual life. Although many believe that these diverse elements must all be integrated for true health, Wood describes a model that is unique in its clarity.

– Daniel Gottlieb, Ph.D., Columnist for the Philadelphia Inquirer and radio host of
"Voices in the Family"

This is a sensitive, tender, compassionate book by an author who has accompanied many on their healing journeys. Easy and quick reading, this book shows how the mind, the body and the spirit require healing in all of us, and especially in those struggling with emotional or addictive illness.

– Harold G. Koenig, M.D, Director of the Duke University Center for the
Study of Religion/Spirituality and Health and author of The Healing Power
of Faith and Spirituality in Patient Care

In a time when psychiatry in some circles seems entirely focused on the biological model, Dr. Eve Wood brings a refreshing recovery of the art of healing through an attentive and compassionate presence within the context of the physician-patient relationship.

– Stephen G. Post, Ph.D., President, Institute for Research on Unlimited Love and author of Unlimited
Love: Altruism, Compassion and Service